

2026 SPRING IN THE MOUNTAIN

THURSDAY MARCH 5TH

Session 1: Xcel Silver 1 (52 gymnasts)

7:30am Registration, 8:00am
Open Stretch

Teams: Falcon (23), Uzelac (11),
Grace (4), LHG (14)

Session 2: Xcel Silver 2 (53 gymnasts)

11:00am Registration, 11:30am
Open Stretch

Teams: Falcon (23), MonValley
(5), Gymsport (10),
Westmoreland (4), WTG (11)

Session 3: Xcel Silver 3 (50 gymnasts)

2:30pm Registration, 3:00pm
Open Stretch

Teams: Biondi (5), Expressions
(8), Xquisite (37- 3 squads)

Session 4: Xcel Silver 4 (53 gymnasts)

6:00pm Registration, 6:30pm
Open Stretch

Teams: Aspire (4), EEG (16),
Prime (8),
Northstars (28- 2 squads)

FRIDAY MARCH 6TH

Session 5: Xcel Bronze 1 (40 gymnasts)

7:30am Registration, 8:00am
Open Stretch

Teams: Expressions (7), Uzelac (16-
2 squads), WTG (17-2 squads)

Session 6: Lv 2 & Xcel Bronze 2 (51 gymnasts)

10:30am Registration, 11:00am
Open Stretch

Teams: Aspire(9), Biondi (3), EEG
(13), Grace (3), Prime (6), Uzelac (16)

Session 7: Xcel Platinum 1 (49 gymnasts)

1:30pm Registration, 2:00pm
Open Stretch

Teams: Aspire (6), EEG (3),
Expressions (4), Falcon(13), Grace
(1), MonValley(3), Uzelac (11),
WTG (7)

Session 8: Xcel Platinum 2 (53 gymnasts)

5:30pm Registration, 6:00pm
Open Stretch

Teams: Falcon (15-2 squads), LHG
(4), Prime (2), Northstars (16- 2
squads), Westmoreland (2),
Xquisite (10)

SATURDAY MARCH 7TH

Session 9: Level 3 (32 gymnasts)

7:30am Registration, 8:00am
Open Stretch

Teams: All Level 3

Session 10: Level 4 (63 gymnasts)

10:00am Registration, 10:30am
Open Stretch

Teams: All Level 4

Session 11: Xcel Gold 1 (49 gymnasts)

2:00pm Registration, 2:30pm
Open Stretch

Teams: Northstars (23- 2
squads), LHG (5), MonValley (4),
Uzelac (8)

Session 12: Lv 6, 7, 8, 9, 10 (34 gymnasts)

5:00pm Registration, 5:30pm
Open Stretch

Teams: EEG (7), Falcon (1),
Gymsport (8), Uzelac (13),
Xquisite (5)

SUNDAY MARCH 8TH

Session 13: Xcel Gold 2 (49 gymnasts)

7:30am Registration, 8:00am
Open Stretch

Teams: EEG (7), Falcon (14),
Grace (7), Xquisite (21-2 squads)

Session 14: Xcel Gold 3 (51 gymnasts)

10:30am Registration, 11:00am
Open Stretch

Teams: Falcon (14), Prime (11),
Gymsport(25-2 squads), WTG (1)

Session 15: Lv 5 & Xcel Gold4 (52 gymnasts)

1:30pm Registration, 2:00pm
Open Stretch

Teams: Aspire(11), Biondi(4),
Expressions(5), Northstars (11),
Perfect10(4), WTG(10),
Xquisite (7-Lv5)

Session 16: Xcel Diamond & Xcel Sapphire (36 gymnasts)

4:30pm Registration, 5:30pm
Open Stretch

Teams: Grace (1), Falcon (9), Prime (5),
MonValley (1), Uzelac (5),
Westmoreland (7), Xquisite (8)